

BERNA AKSAR

# GYMNASTICS

SPORTS  
CLUB

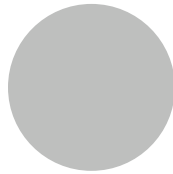
CHILDREN'S COLORING BOOK



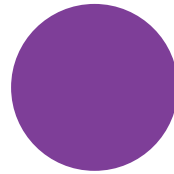
# COLOR PALETTE



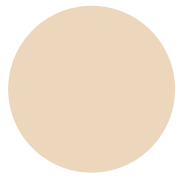
PINK



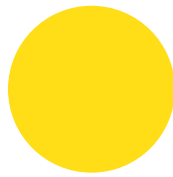
GRAY



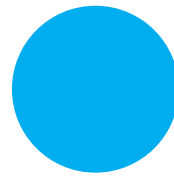
PURPLE



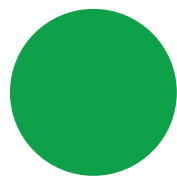
BEIGE



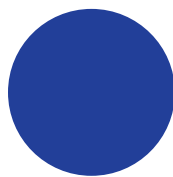
YELLOW



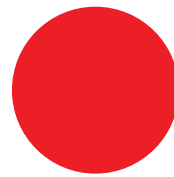
BLUE



GREEN



NAVY BLUE



RED

Hello little stars,

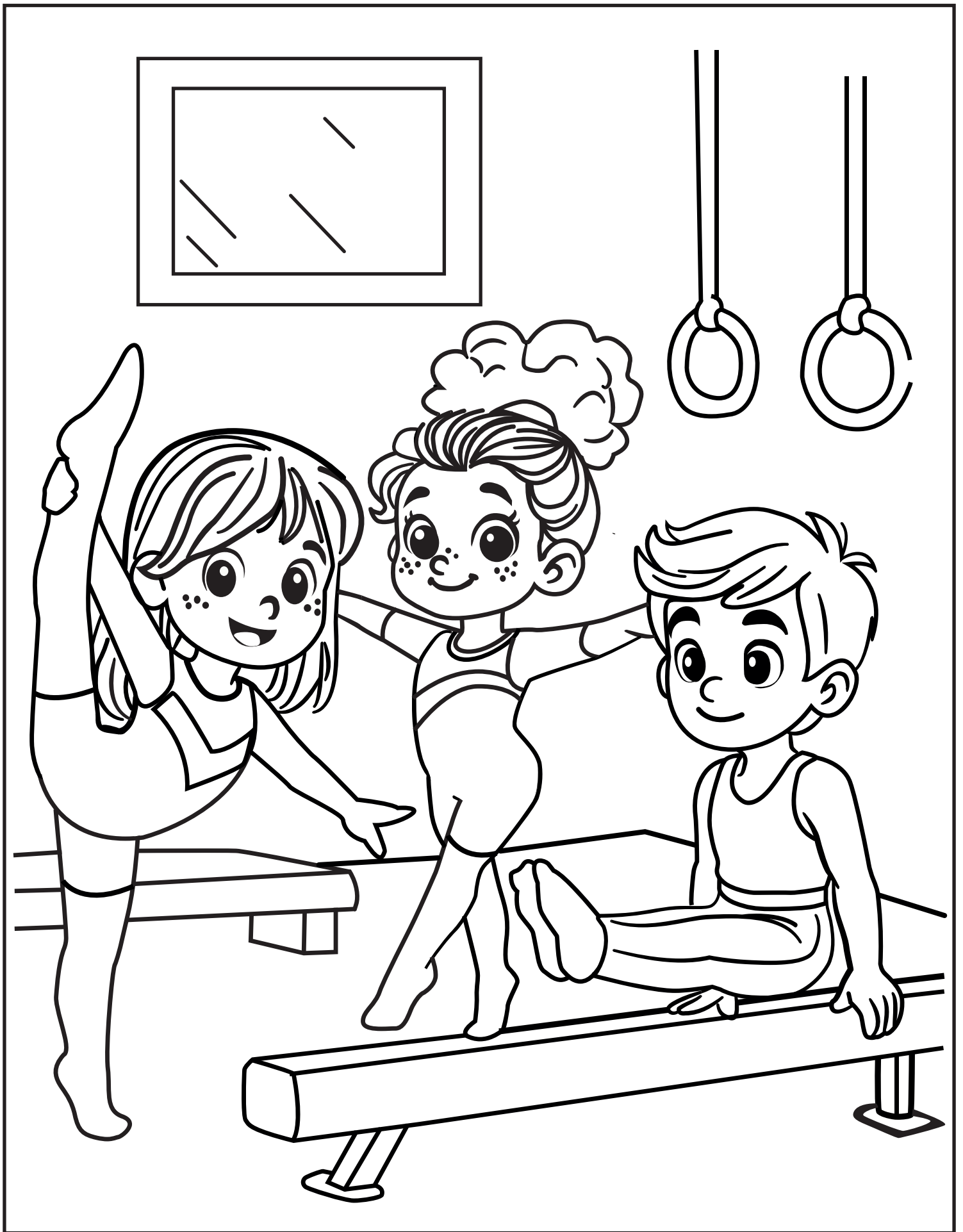
This book was created to help you color your dreams  
and explore the wonderful world of gymnastics.  
Sevgi, Ebru, and Selim are waiting for you on these pages.  
Together with them, you can learn new moves,  
design your own leotards,  
and become bright, shining stars on the stage.

Come on, color your dreams and create your own stage!

With love  
Berna AKSAR



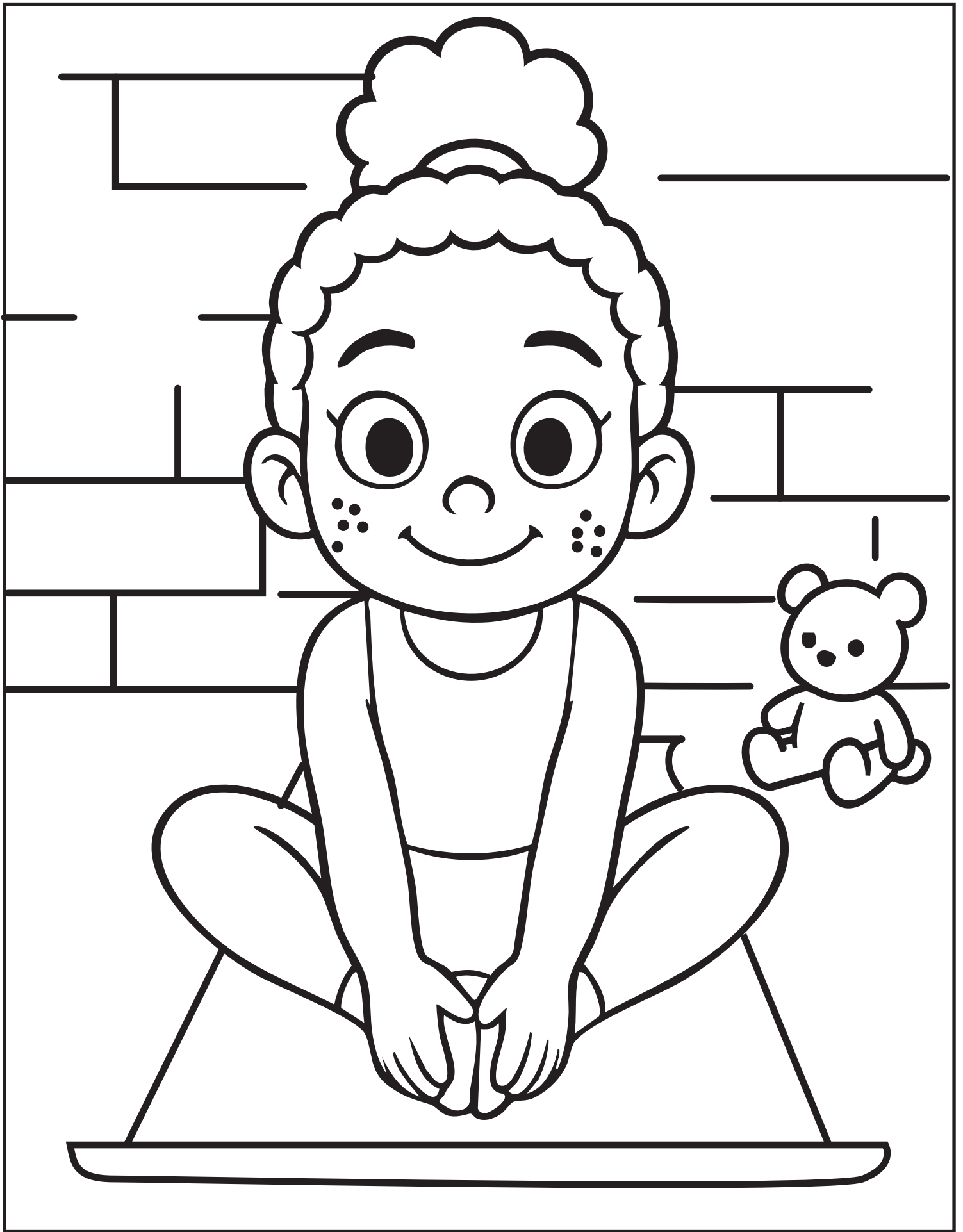
Ebru is exercising in the park on a sunny day.  
You can color the trees green and the sky blue.



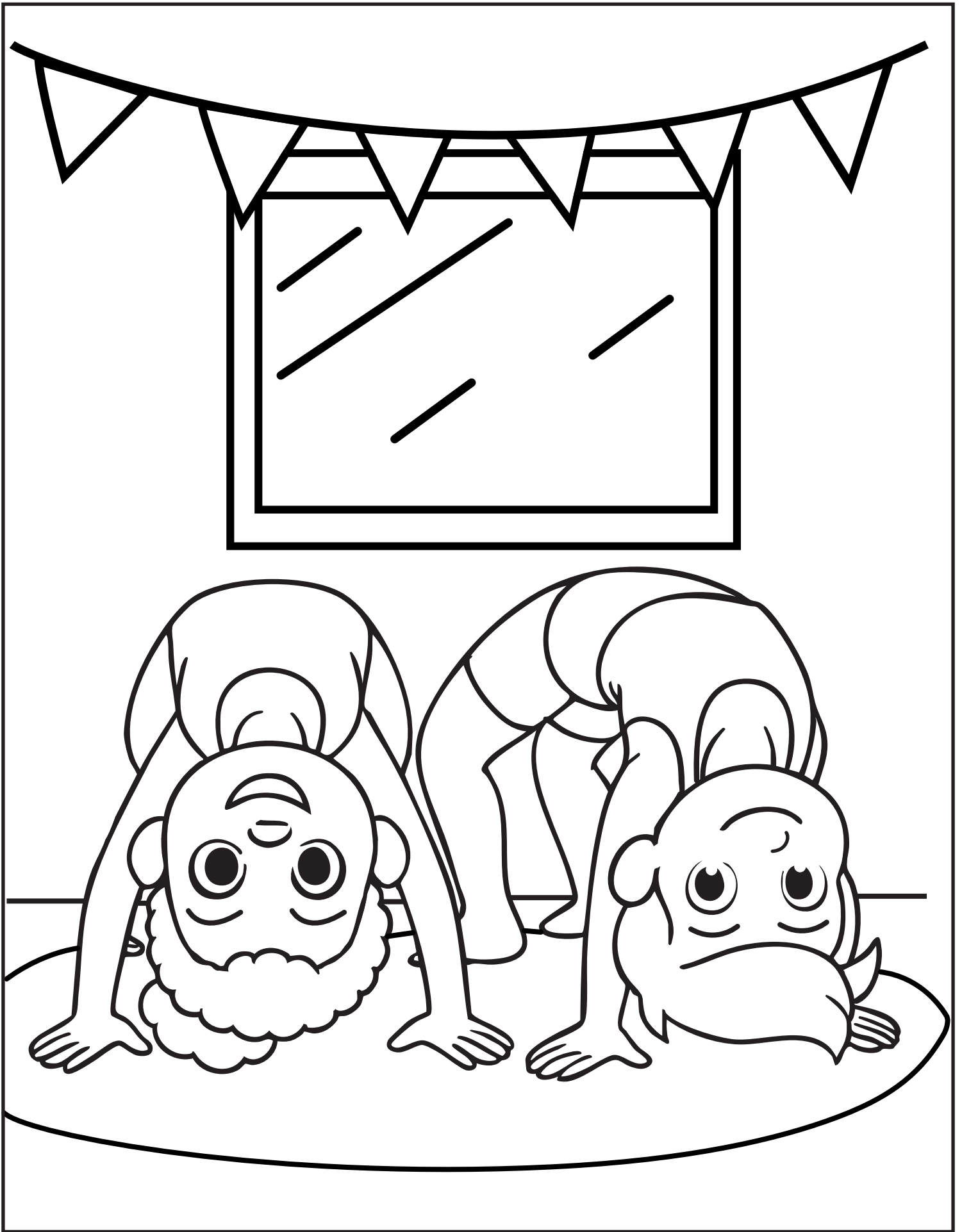
You can color the window sky blue, the rings in metallic shades, and the balance beams in any color you imagine.



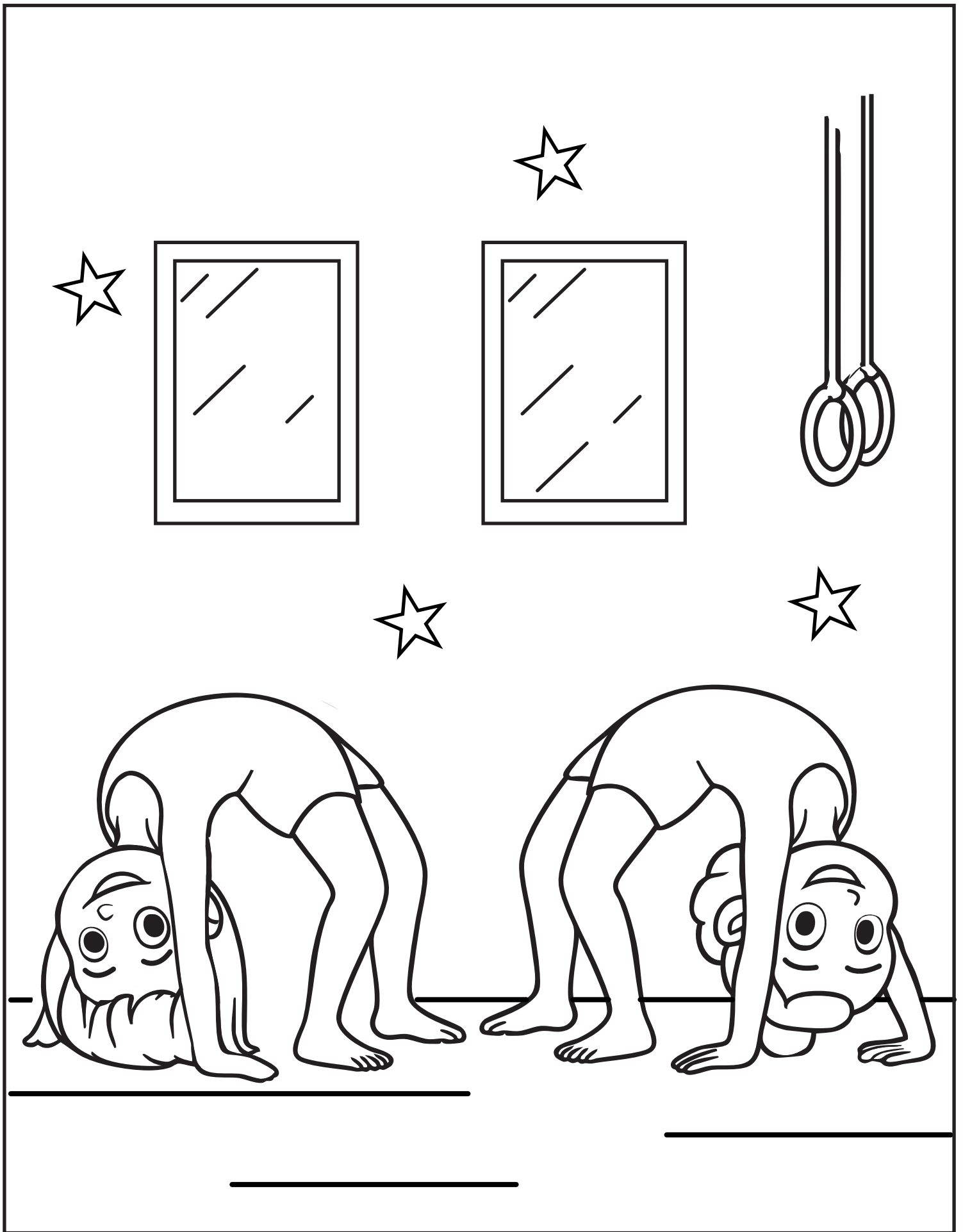
Coach Berna is very happy while working with Sevgi.  
You can color her tracksuit in pastel colors and add your own signature on it.



While practicing stretching exercises, Ebru loves her purple and pink leotard the most. Her teddy bear beside her always brings her good luck.



Selim feels strong while doing a bridge.  
A leotard in navy blue or gray would suit him very well.



You can color the rings silver and decorate the background however you like.



Sevgi's hair shines like the sun.



Color the mat and the equipment using your imagination.  
You can decorate the gym by adding stars or hearts to the background.



You can color the ribbon in many bright colors and choose the colors of the mat and the stage using your imagination. If you like, you can add glitter to the ribbon to make it shine even more.



Color the mat and the gym using your imagination.  
Don't forget to color the rings and the poster in the background.



You can color the flags in colorful shades and the stars in golden yellow. Turn the stage into a sparkling show area.



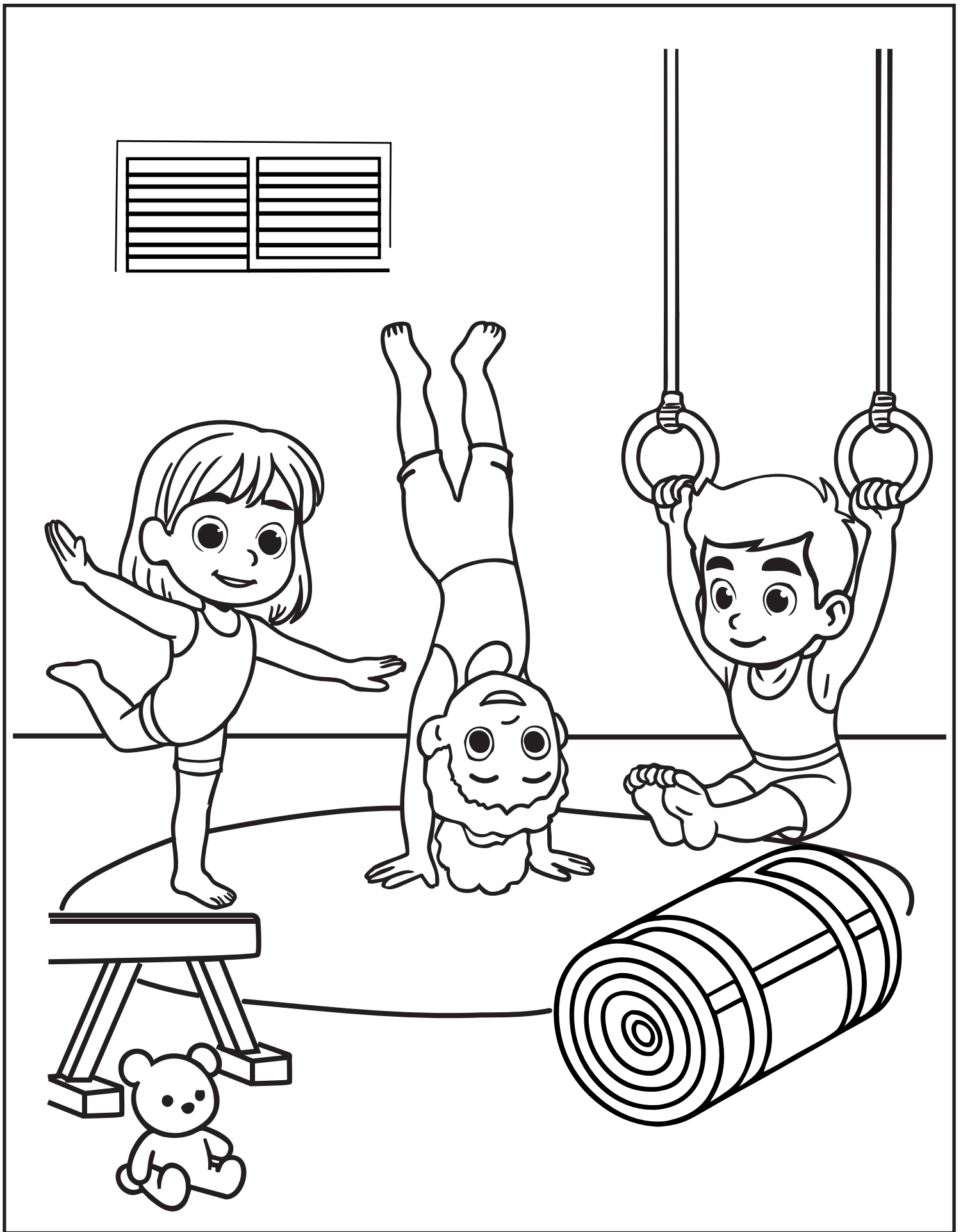
You can make the gym shine by coloring the rings golden yellow.



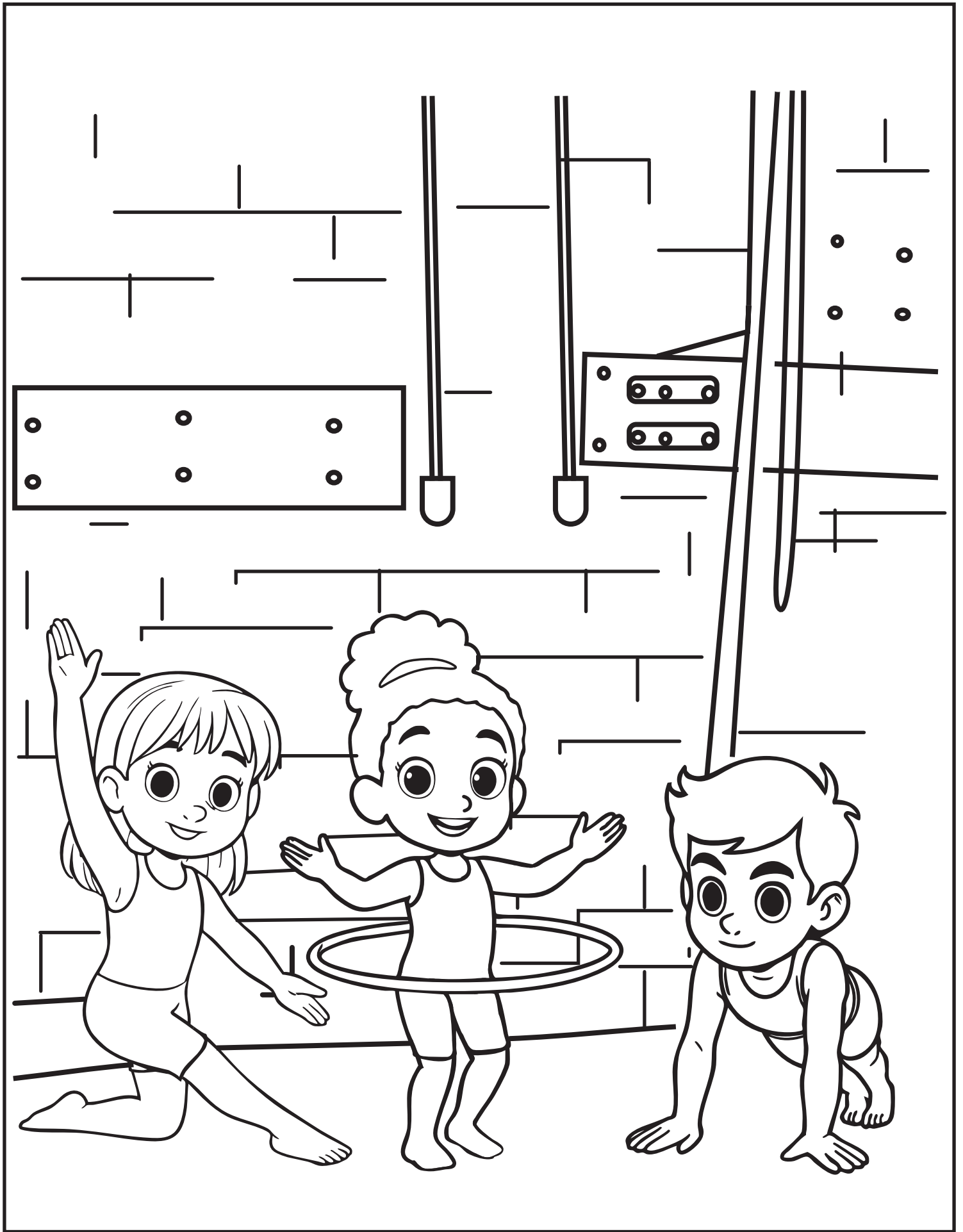
Sevgi feels like a star while jumping with the ribbon.  
Red and purple leotards are her favorites.



Color the balance beam and the mat any way you like  
and add color to the gym.



Color the teddy bear, and paint the mat and the balance beam in pastel tones. You can paint the rings silver and draw a blue sky in the window.



You can color the brick walls in pastel tones and  
paint the hoop in a glittery color.



Coach Berna is carefully watching her students and taking notes.  
You can color her T-shirt in any color you like and add your own signature on it.

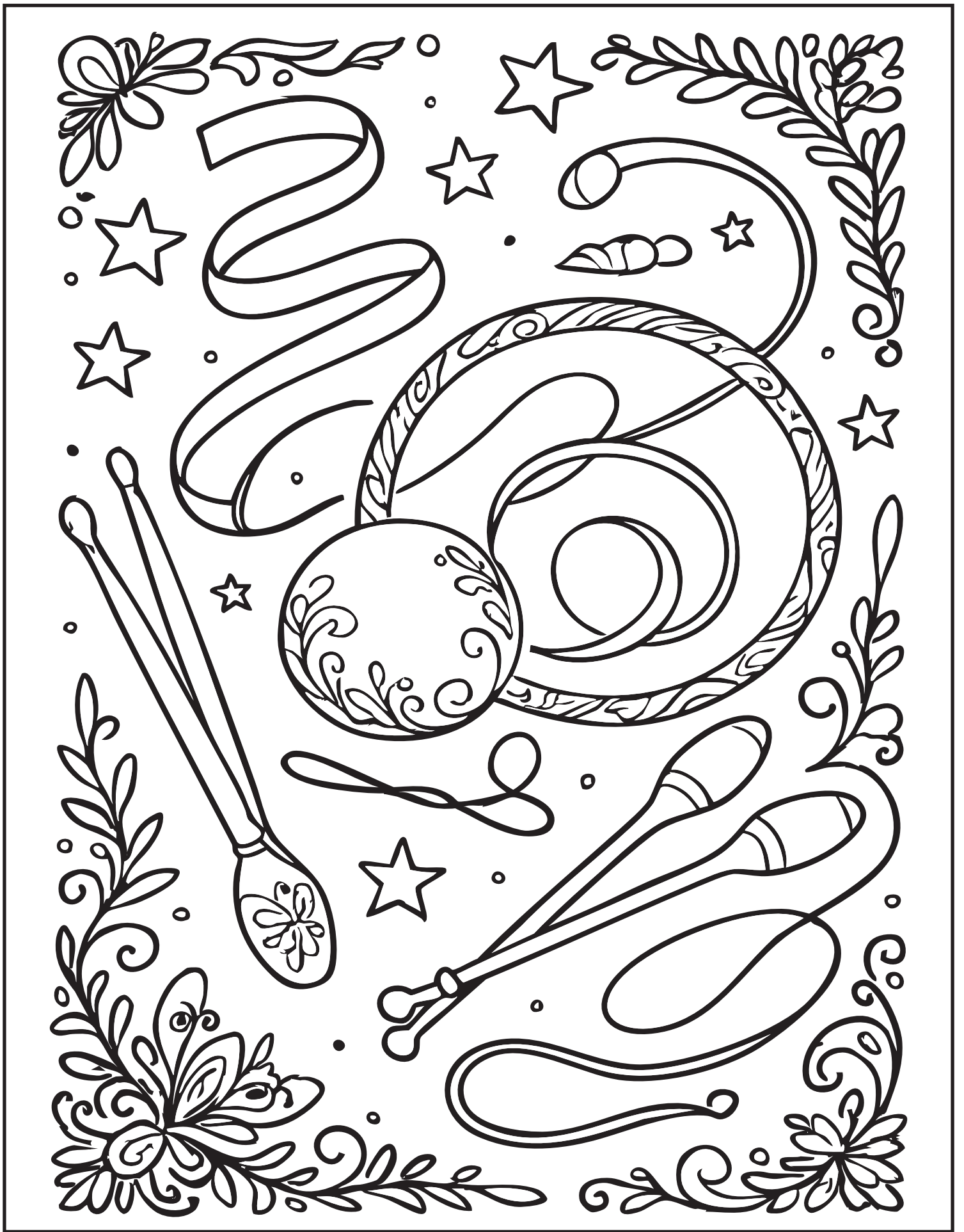


Use your imagination for the background and draw flags, lights or spectators.



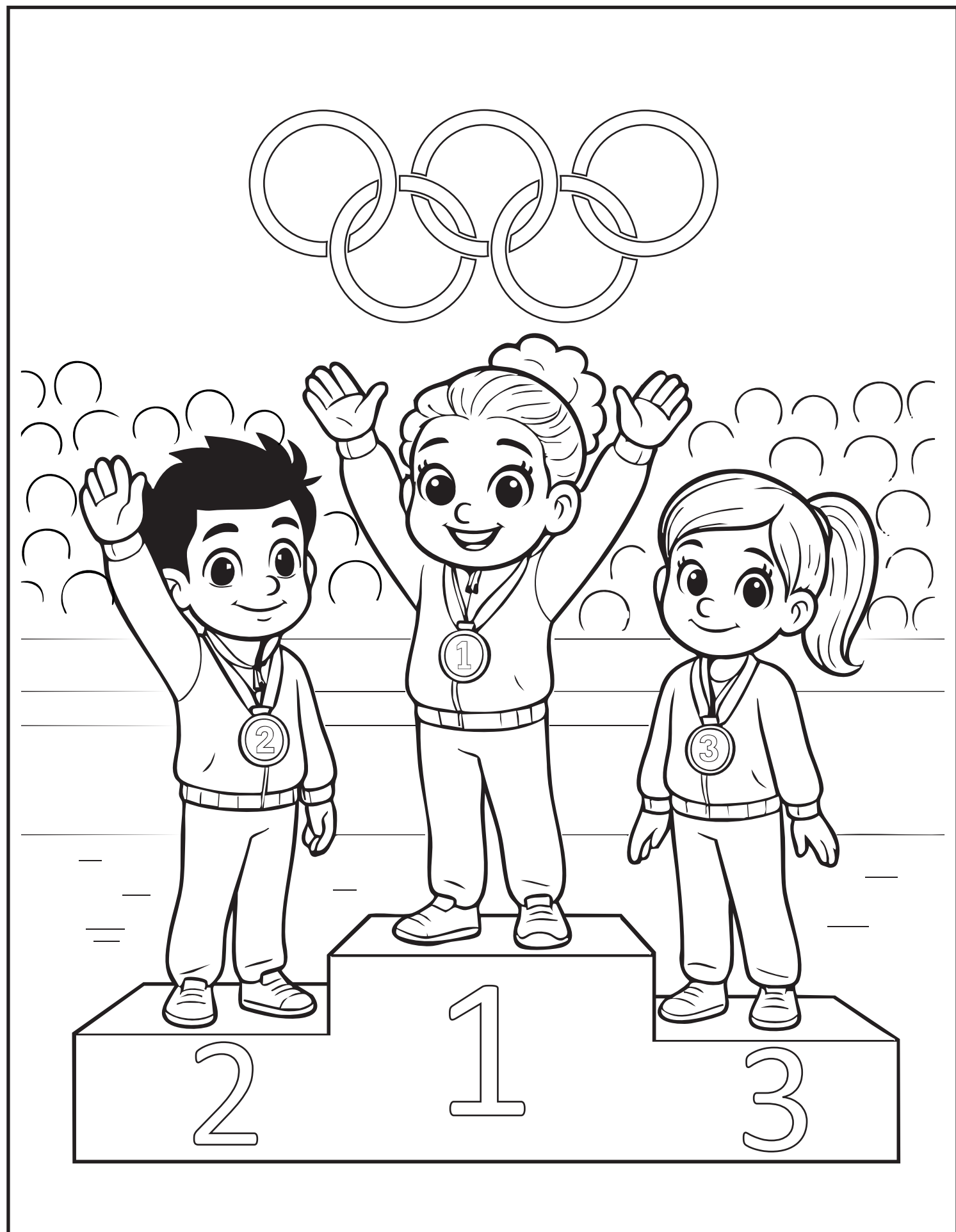
The balance beam can look like the wood you see in the park.







You can color Ebru's clothes in any colors you like while she is happily exercising.



You can look up the Olympic rings and learn their colors,  
and then color them in those same colors yourself.

**Congratulations!**  
**You learned gymnastics with colors.**



**Hello, I'm Berna Aksar.**

I am a coach and educator who has dedicated her life to rhythmic gymnastics.

I am a double major graduate of Trakya University, having completed my studies in Physical Education and Sports Teaching as well as Coaching Education.

In addition, I completed the NCFE CACHE Level 3 Diploma in Childcare and Education in the United Kingdom, which has given me an international perspective on child development and sports.

Today, under the Berna Aksar Gymnastics brand, we provide education to an average of 600 students per year across four centers: two campuses in Zekeriyaköy, as well as locations in Etiler and Bahçeşehir.

Alongside this, I oversee the gymnastics department at British School Academy.

Through our collaborations with prestigious schools in London, we organize language summer schools combined with gymnastics every year during July and August.

Our classes are conducted entirely in English, making a significant contribution to children's foreign language development.

For me, gymnastics is not just a sport;

it is a philosophy of life that helps children build self-confidence, discipline, aesthetics, and creativity. That's why we call it "More Than Gymnastics" not just gymnastics, but so much more.

This coloring book was created to spark your imagination.

Choose your colors, draw your dreams, and create your own story! 🎨✨

**With love  
Berna Aksar**



🌐 [www.bernaaksarcimnastik.com](http://www.bernaaksarcimnastik.com)

📸 @bernaaksarcimnastik

📺 @BernaAksarCimnastikKulübü

☎ +90 541 885 33 68